

Demographics <sup>1</sup>	East Region (%)	County (%)
Ages 0-14	18.4	18.4
Ages 15-24	13.0	14.6
Ages 25-44	27.1	29.4
Ages 45-64	26.8	24.5
Ages 65+	14.7	13.1
White	57.0	46.3
Black	4.8	4.8
Hispanic	26.8	33.4
Asian/Pacific Islander	7.1	11.9
Other	4.3	3.7
Households with income less than 100% Federal Poverty Level (FPL)†	14.3	14.0

	East R	egion	Cou	nty
Health Outcomes <sup>2, 3, 4</sup>	Number	Rate*	Number	Rate*
Coronary Heart Disease				
Death	568	118.1	2,921	88.8
Hospitalization	1,085	225.5	5,951	181.0
Emergency Department Discharge	239	49.7	1,261	38.3
Stroke				
Death	254	52.8	1,362	41.4
Hospitalization	1,249	259.6	6,248	190.0
Emergency Department Discharge	390	81.1	2,366	71.9
Diabetes				
Death	143	29.7	734	22.3
Hospitalization	925	192.3	4,155	126.3
Emergency Department Discharge	919	191.0	5,370	163.3
COPD				
Death	229	47.6	1,007	30.6
Hospitalization	829	172.3	3,234	98.3
Emergency Department Discharge	1,357	282.1	6,643	202.0
Asthma				
Death	<5	§	20	0.6
Hospitalization	229	47.6	1,269	38.6
Emergency Department Discharge	1,378	286.5	8,696	264.4
Cancer, All Causes				
Death	977	203.1	5,096	155.0
Hospitalization	1,521	316.2	9,241	281.0
Emergency Department Discharge	181	37.6	919	27.9





	East Region		County	
Health Outcomes continued <sup>2, 3, 4</sup>	Number	Rate*	Number	Rate*
Parkinson's Disease				
Death	61	12.7	317	9.6
Hospitalization	29	6.0	139	4.2
Emergency Department Discharge	20	4.2	114	3.5
Primary Hypertension				
Death	52	10.8	238	7.2
Hospitalization	67	13.9	276	8.4
Emergency Department Discharge	824	171.3	5,320	161.8
Overall Hypertensive Diseases~				
Death	148	30.8	758	23.0
Hospitalization	532	110.6	2,848	86.6
Emergency Department Discharge	1,029	213.9	6,338	192.7
Rheumatoid Arthritis				
Death	5	1.0	23	0.7
Hospitalization	29	6.0	103	3.1
Emergency Department Discharge	35	7.3	151	4.6
Osteoarthritis				
Death	<5	§	8	0.2
Hospitalization	1,763	366.5	9,085	276.3
Emergency Department Discharge	175	36.4	1,037	31.5
Lupus and Connective Tissue Disorders				
Death	<5	§	41	1.2
Hospitalization	50	10.4	278	8.5
Emergency Department Discharge	26	5.4	130	4.0
Gout				
Hospitalization	30	6.2	168	5.1
Emergency Department Discharge	129	26.8	833	25.3
Access and Utilization <sup>5</sup> (2014-2016)	East R	egion (%)	Со	unty (%)
No Usual Source of Care (ages 18-64)		11.7		17.0
Uninsured All or Part of Year (ages 18-64)		16.6		20.0
Visited Emergency Room in the Past Year (ages 18-64)		27.5		21.5
Health Behaviors <sup>5</sup> (2014-2016)	East R	egion (%)	Co	unty (%)
Current Smoker (ages 18+)		12.6		11.0
Overweight/Obese (ages 18+)	3	33.5		39.6
Physically Active 5+ Days in Past Week (ages 5-11)		45.5		45.0
Ate Fast Food 3 or More Times in Past Week (all ages)	-	28.2		21.6
Binge Drinking in Past Year (ages 18+) (2015)	3	31.3		33.9
Ever Diagnosed with High Blood Pressure (ages 18+)		33.4		27.4
Ever Diagnosed with Diabetes (ages 18+)		11.1		8.2
Ever Diagnosed with Asthma (all ages)		17.9		14.7

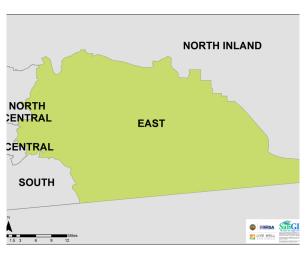


#### **Sources**

- 1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 03/2017.
- 2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2016.
- 3. California Office of Statewide Health Planning & Development (OSHPD), Patient Discharge Data, 2016.
- 4. California Office of Statewide Health Planning & Development (OSHPD), Emergency Department Data, 2016.
- 5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2014-2016.
- † Source: U.S. Census Bureau; 2012-2016 American Community Survey 5-Year Estimates, Table B17024.
  - -Federal Poverty Level Thresholds for 2016 (\$12,228 for single person, \$24,339 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <a href="https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html">https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html</a> on April 19, 2019.
- \* Rates are per 100,000 population.
- § Rates not calculated for fewer than 5 events.
- ~ Includes Primary Hypertension.







Demographics <sup>1</sup>	East Region (%)	County (%)
Ages 0-14	18.4	18.4
Ages 15-24	13.0	14.6
Ages 25-44	27.1	29.4
Ages 45-64	26.8	24.5
Ages 65+	14.7	13.1
White	57.0	46.3
Black	4.8	4.8
Hispanic	26.8	33.4
Asian/Pacific Islander	7.1	11.9
Other	4.3	3.7
Households with income less than 100% Federal Poverty Level (FPL)†	14.3	14.0

	East Region		County	
Health Outcomes <sup>2, 3, 4, 5, 6</sup>	Number	Rate*	Number	Rate*
Tuberculosis	22	4.6	258	7.8
Chlamydia Reported, Underestimate‡	1,541	320.3	18,904	574.8
Gonorrhea Reported, Underestimate‡	566	117.7	4,992	151.8
Primary and Secondary Syphilis Reported	51	10.6	523	15.9
Deaths				
Influenza (Flu) and Pneumonia	65	13.5	359	10.9
Hospitalizations				
Influenza	114	23.7	660	20.1
Pneumonia	767	159.4	4,222	128.4
Emergency Department Discharges				
Influenza	891	185.2	5,013	152.4
Pneumonia	1,038	215.8	6,511	198.0
Health Behaviors & Related Health Factors <sup>7</sup> (2014-2016)	East Reg	ion (%)	Coun	ty (%)
Binge Drinking in Past Year (ages 18+) (2015)	31.	3	33	.9
Has had Flu Vaccination in Past 12 Months (ages 18+)	47.	2	44	.4
Has had Flu Vaccination in Past 12 Months (ages 0-11)	39.	8	52	.7
Access and Utilization <sup>7</sup> (2014-2016)	East Regio	on (%)	Count	y (%)
No Usual Source of Care (ages 18-64)	11.7		17.0	0
Uninsured All or Part of Year (ages 18-64)	16.6		20.0	0
Visited Emergency Room in the Past Year (ages 18-64)	27.5		21.	5



#### **Sources**

- 1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 03/2017.
- 2. County of San Diego, Health & Human Services Agency, Tuberculosis Control Program, County TB Registry; SANDAG, Current Population Estimates, released 03/2017.
- 3. County of San Diego, Health & Human Services Agency, HIV, STD and Hepatitis Branch, Morbidity Database; SANDAG, Current Population Estimates, released 03/2017.
- 4. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2016.
- 5. California Office of Statewide Health Planning & Development (OSHPD), Patient Discharge Data, 2016.
- 6. California Office of Statewide Health Planning & Development (OSHPD), Emergency Department Data, 2016.
- 7. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2014-2016.
- † Source: U.S. Census Bureau; 2012-2016 American Community Survey 5-Year Estimates, Table B17024.
  - -Federal Poverty Level Thresholds for 2016 (\$12,228 for single person, \$24,339 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <a href="https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html">https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html</a> on April 19, 2019.
- \* Rates are per 100,000 population.
- ‡ Underestimate due to cases with unknown residence. Approximately 30% of chlamydia and gonorrhea cases have missing residence data each year.

Health Outcomes<sup>2, 3,4, 5</sup>

Live Births, % of County Births

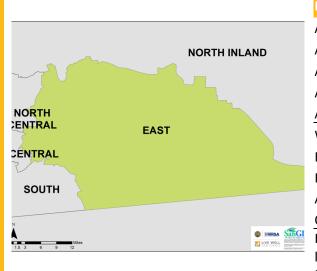
## San Diego County Health Briefs East Region, 2016





42,741

100.0%



Demographics <sup>1</sup>	East Region (%)	County (%)
Ages 0-14	18.4	18.4
Ages 15-24	13.0	14.6
Ages 25-44	27.1	29.4
Ages 45-64	26.8	24.5
Ages 65+	14.7	13.1
White	57.0	46.3
Black	4.8	4.8
Hispanic	26.8	33.4
Asian/Pacific Islander	7.1	11.9
Other	4.3	3.7
Households with income		
less than 100% Federal	14.3	14.0
Poverty Level (FPL)†		

**East Region** 

15.2%

6,518

	-		-	
Live Births to Girls, Ages 15-17, % of County births	48	14.2%	337	100.0%
Live Births with Early Prenatal Care, % of Known Prenatal Care	5,301	81.5%	35,881	84.2%
Live Births born Preterm, % of County births	564	8.7%	3,628	8.5%
Low Birth Weight Births, % of County births	430	6.6%	2,851	6.7%
Very Low Birth Weight Births, % of County births	79	1.2%	506	1.2%
Infant Mortality, Rate per 1,000 live births (2015)	29	4.4	161	3.7
Child Restraint Use, % of MVO Injured+++, Ages 0-5 (2015)	184	96.8%	1,006	97.0%
Access and Utilization <sup>6</sup> (2014-2016)	E	ast Region (%)	Co	ounty (%)
No Usual Source of Care (ages 18-64)		11.7		17.0
Uninsured All or Part of Year (ages 18-64)		16.6		20.0
Visited Emergency Room in the Past Year (ages 18-64)		27.5		21.5
Currently Receiving Supplemental Security Income (SSI)		8.1		7.4
Currently Receiving TANF or CalWORKS (all ages, up to 300% of F	PL)	11.5		9.6
Children Age 6 and Under Currently on WIC		**		41.7
Residents 0-199% FPL Receiving Food Stamps (all ages)		32.9		28.8
Women Below 200% FPL (ages 18-64)		40.6		35.0
Health Behaviors <sup>6</sup> (2014-2016)	E	ast Region (%)	Co	ounty (%)
Adults Under 200% FPL Unable to Afford Enough Food		49.7		41.0
Ate Fast Food 3 or More Times in Past Week (ages 2-17)		**		18.7
Children Who Eat Less Than 5 Servings of Fruits and Vegetables [ (ages 2-11)	Daily	53.5		60.1





Health Behaviors <sup>6</sup> (2014-2016)	East Region (%)	County (%)
Women with a High School Degree or Less Education (ages 25+)	35.0	30.1
Child Attends Preschool, Nursery school, or Head Start Program At Least 10 hrs/wk (ages <6)	**	16.4
Agree or Strongly Agree that People in Neighborhood can be Trusted (ages 12-17)	**	77.5
No Dental Insurance Coverage in the Past Year (ages 3-11)	**	8.6
Has had Flu Vaccination in Past 12 Months (ages 0-11)	39.8	52.7

#### Source

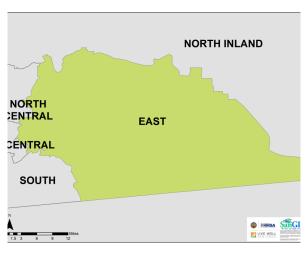
- 1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 03/2017.
- 2. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth Statistical Master Files and Birth Public Use Files, 2016.
- 3. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth and Fetal Death Statistical Master Files, 2016.
- 4. State of California, Department of Public Health (CDPH), Center for Health Statistics and Informatics, Birth Cohort Statistical Master Files, 2016.
- 5. Statewide Integrated Traffic Records System (SWITRS) Database, California Highway Patrol (CHP), County of San Diego, Health & Human Services Agency, Public Health Services, Emergency Medical Services; SANDAG, Current Population Estimates, released 03/2017.
  - -Data pertains to motor vehicle collisions that occurred on public roads, where at least one victim was injured/killed. Geographic location pertains to where the collision occurred.
- 6. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2014-2016.
- † Source: U.S. Census Bureau; 2012-2016 American Community Survey 5-Year Estimates, Table B17024.
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- \* Rates are per 1,000 population.
- ††† Child Restraint Use number and percent of victims (ages 0-7 years) in injury collisions who were in a child restraint (including helmet for motorcyclists). Percent based on known restraint use. This metric includes all individuals for whom restraint use was known, and the individual may, or may not have been injured.
- \*\* Indicates statistically unstable estimate.

# Injury

# San Diego County Health Briefs East Region, 2016







Demographics <sup>1</sup>	East Region (%)	County (%)
Ages 0-14	18.4	18.4
Ages 15-24	13.0	14.6
Ages 25-44	27.1	29.4
Ages 45-64	26.8	24.5
Ages 65+	14.7	13.1
White	57.0	46.3
Black	4.8	4.8
Hispanic	26.8	33.4
Asian/Pacific Islander	7.1	11.9
Other	4.3	3.7
Households with income		
less than 100% Federal	14.3	14.0
Poverty Level (FPL)†		

	East I	Region	Cou	unty
Health Outcomes <sup>2, 3, 4, 5</sup>	Number	Rate*/(%)	Number	Rate*/(%)
Unintentional Injury (All Causes)				
Deaths	249	51.8	1,201	36.5
Hospitalizations	6,942	1,443.1	35,386	1,076.0
Emergency Department Discharges	31,626	6,574.4	184,405	5,607.4
Fall-Related Injury				
Deaths	47	9.8	307	9.3
Hospitalizations	2,289	475.8	11,725	356.5
Emergency Department Discharges	11,046	2,296.2	63,176	1,921.1
Poisoning				
Deaths	90	18.7	389	11.8
Hospitalizations	234	48.6	1,080	32.8
Emergency Department Discharges	760	158.0	5,381	163.6
Motor Vehicle Injuries				
Deaths due to Motor Vehicle Crash (MVC) Injury	50	10.4	242	7.4
Hospitalizations due to MV Injury	516	107.3	2,620	79.7
Emergency Department Discharges due to MV Injury	3,717	772.7	18,967	576.7
Motor Vehicle Crash (MVC) Injuries (2015)	2,821	588.5	20,385	624.6
Alcohol-Involved MVC Injuries (2015)	321	67.0	2,454	75.2
Drinking Drivers Involved in MV Crashes (2015)	224	46.7	1,659	50.8
Active Restraint Use, % of Motor Vehicle Occupants (MVO) Injured††, Ages 6+ (2015)	2,991	95.9	21,607	95.5
Child Restraint Use, % of MVO Injured+++, Ages 0-5 (2015)	184	96.8	1,006	97.0
Pedestrian Injuries				
Deaths due to motor vehicle crashes (MVC)	11	2.3	65	2.0
Hospitalizations due to MVC	30	6.2	247	7.5
Emergency Department Discharges due to MVC	119	24.7	685	20.8
Injuries due to MVC (2015)	134	70.8	1,199	36.7



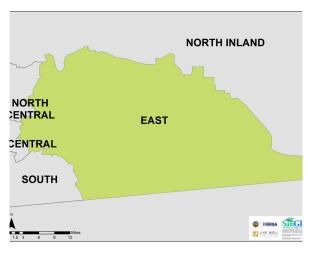


	Central	Region	Со	unty
Health Outcomes <sup>2, 3, 4, 5</sup>	Number	Rate*		Rate*/(%)
Assault				
Homicides	23	4.8	100	3.0
Hospitalizations	170	35.3	986	30.0
Emergency Department Discharges	1,286	267.3	7,476	227.3
Self-Inflicted Injuries				
Suicides	74	15.4	406	12.3
Hospitalizations	157	32.6	926	28.2
Emergency Department Discharges	1,233	256.3	5,692	173.1
Firearm-Related Injuries				
Deaths	8	1.7	49	1.5
Hospitalizations	50	10.4	178	5.4
Emergency Department Discharges	31	6.4	170	5.2
Access and Utilization <sup>6</sup> (2014-2016)	East Reg	ion (%)	Cou	nty (%)
No Usual Source of Care (ages 18-64)	11	.7	1	7.0
Uninsured All or Part of Year (ages 18-64)	16	.6	2	0.0
Visited Emergency Room in the Past Year (ages 18-64)	27	.5	2	1.5
Health Behaviors <sup>6</sup> (2014-2016)	East Reg	gion (%)	Cou	nty (%)
Binge Drinking in Past Year (ages 18+) (2015)	31	.3	3	3.9
Ever Seriously Thought About Committing Suicide (ages 18+)	10	.2	1	0.0
Sources				

- 1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 03/2017.
- 2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2016.
- 3. California Office of Statewide Health Planning & Development (OSHPD), Patient Discharge Data, 2016.
- 4. California Office of Statewide Health Planning & Development (OSHPD), Emergency Department Data, 2016.
- 5. Statewide Integrated Traffic Records System (SWITRS) Database, California Highway Patrol (CHP), County of San Diego, Health & Human Services Agency, Public Health Services, Emergency Medical Services; SANDAG, Current Population Estimates, released 03/2017.
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- † Source: U.S. Census Bureau; 2012-2016 American Community Survey 5-Year Estimates, Table B17024.
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- \* Rates are per 100,000 population.
- #Active Restraint Use number and percent (ages 6+ years) in injury collisions who were using active restraint. Percent based on known restraint use. Includes lap belt, shoulder harness, lap/shoulder harness for vehicle occupants injured.
- ## Child Restraint Use number and percent of victims (ages 0-7 years) in injury collisions who were in a child restraint (including helmet for motorcyclists). Percent based on known restraint use. This metric includes all individuals for whom restraint use was known, and the individual may, or may not have been injured.







Demographics <sup>1</sup>	East Region (%)	County (%)
Ages 0-14	18.4	18.4
Ages 15-24	13.0	14.6
Ages 25-44	27.1	29.4
Ages 45-64	26.8	24.5
Ages 65+	14.7	13.1
White	57.0	46.3
Black	4.8	4.8
Hispanic	26.8	33.4
Asian/Pacific Islander	7.1	11.9
Other	4.3	3.7
Households with income		
less than 100% Federal	14.3	14.0
Poverty Level (FPL)†		

	East Region		County	
Health Outcomes <sup>2, 3, 4</sup>	Number	Rate*	Number	Rate*
Schizophrenia				
Hospitalization	43	8.9	187	5.7
Emergency Department Discharge	904	187.9	5,154	156.7
In-Patient Treatment Facility Discharge	1,483	308.3	8,224	250.1
Suicide/Self-Inflicted Injury				
Death	74	15.4	406	12.3
Hospitalization	157	32.6	926	28.2
Emergency Department Discharge	1,233	256.3	5,692	173.1
Alcohol-Related Disorders~				
Death	108	22.5	472	14.4
Hospitalization	571	118.7	2,522	76.7
Emergency Department Discharge	1,515	314.9	10,838	329.6
Substance-Related Disorders~				
Death	40	8.3	194	5.9
Hospitalization	103	21.4	467	14.2
Emergency Department Discharge	684	142.2	4,524	137.6
Anxiety				
Hospitalization	12	2.5	83	2.5
Emergency Department Discharge	1,492	310.2	9,431	286.8
Opioid-Related Disorders				
Hospitalization	140	29.1	514	15.6
Emergency Department Discharge	263	54.7	1,523	46.3
In-Patient Treatment Facility Discharge	144	29.9	666	20.3
Mood Disorders				
Hospitalization	20	4.2	127	3.9
Emergency Department Discharge	1,086	225.8	6,370	193.7
In-Patient Treatment Facility Discharge	1,712	355.9	9,404	286.0





Mental Health Behaviors & Related Health Factors <sup>5</sup> (2014-2016)	East Region (%)	County (%)
Likely Has Had Serious Psychological Distress During Past Year (ages 18+)	8.0	8.7
Likely Has Had Serious Psychological Distress During Past Month (ages 18+)	**	3.5
Emotions Severely Impaired Social Life in Past 12 Months (ages 18+)	7.2	7.6
Emotions Severely Impaired Work in Past 12 Months (ages 18+)	**	3.9
Unable to Work 8 Days or More Due to Mental Problems (ages 18+ with psychological distress)	57.7	56.5
Saw Any healthcare Provider for Emotional-Mental and/or Alcohol-Drug Issues in Past Year (ages 18+)	15.0	15.0
Has Taken Prescription Medicine for 2 or More Weeks for Emotional/ Mental Health Issues in Past Year (ages 18+)	16.3	13.0
Ever Seriously Thought About Committing Suicide (ages 18+)	10.2	10.0
Substance Abuse Health Behaviors & Related Health Factors <sup>5.6</sup>	East Region (%)	County (%)
Binge Drinking in Past Year (ages 18+) (2015)	31.3	33.9
Ever Tried Marijuana (11th grade) (2013-2015)	**	34.2
Ever Had an Alcoholic Drink (11th grade) (2013-2015)	**	48.3

#### Sources

- 1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 03/2017.
- 2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2016.
- 3. California Office of Statewide Health Planning & Development (OSHPD), Patient Discharge Data, 2016.
- 4. California Office of Statewide Health Planning & Development (OSHPD), Emergency Department Data, 2016.
- 5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2014-2016
- 6. California Department of Education, California Healthy Kids Survey (CHKS), 2013-2016
- † Source: U.S. Census Bureau; 2012-2016 American Community Survey 5-Year Estimates, Table B17024.
  - -Federal Poverty Level Thresholds for 2016 (\$12,228 for single person, \$24,339 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <a href="https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html">https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html</a> on April 19, 2019.

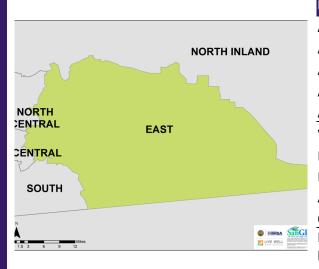
<sup>\*</sup>Rates are per 100,000 population.

<sup>\*\*</sup> Indicates statistically unstable estimate.

<sup>~</sup>Includes acute and chronic disorders.







East Region (%)	County (%)
18.4	18.4
13.0	14.6
27.1	29.4
26.8	24.5
14.7	13.1
57.0	46.3
4.8	4.8
26.8	33.4
7.1	11.9
4.3	3.7
14.3	14.0
	18.4 13.0 27.1 26.8 14.7 57.0 4.8 26.8 7.1 4.3

	East Region		County	
Health Outcomes <sup>2, 3, 4</sup>	Number	Rate*	Number	Rate*
ADRD				
Death	414	86.1	2,450	74.5
Hospitalization	137	28.5	633	19.2
Emergency Department Discharge	208	43.2	1,024	31.1

#### Alzheimer's Disease and Related Dementias in East Region (2015)

- In 2015, 84,405 San Diegans age 55 years and older were living with ADRD.
- In 2015, one in five San Diego County residents age 55 years and older discharged from the hospital or emergency department (ED) with any mention of ADRD lived in the East Region.
- In 2015, the rate of East Region residents age 55 years and older with any mention of ADRD in their discharge from the ED or hospital was 5,832.1 per 100,000, which

Rate of Residents Discharged from the Emergency Department or Hospital with Any Mention of Alzheimer's Disease and Related Dementias by Sub-Regional Areas of the Health and Human Services Agency East Region, 55 Years and Older, San Diego County, 2015

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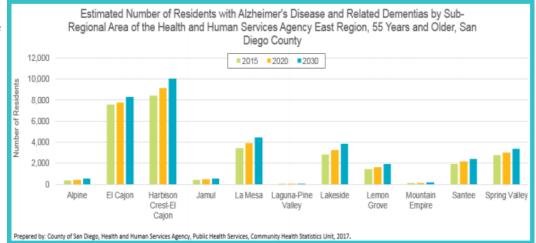
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was higher than the county overall.





- In 2030, East Region will remain the area of the county with the largest proportion of residents with ADRD.
- In 2020 and 2030, one quarter of East Region residents age 55 years and older with ADRD will still be living in El Cajon.



• The proportion of San Diego County residents age 55 years and older discharged from the ED or hospital with any mention of ADRD living in East Region will remain similar to 2015, at 21.5% in 2030.

Health Behaviors⁵ (2014-2016)	East Region (%)	County (%)
Current Smoker (ages 18+)	12.6	11.0
Overweight/Obese (ages 18+)	66.5	60.4
Physically Active 1+ Hours Per Day in Past Week (ages 5-11)	**	24.9
Ate Fast Food 3 or More Times in Past Week (ages 18+)	27.0	22.4
Binge Drinking in Past Year (ages 18+) (only 2015)	31.3	33.9
Ever Diagnosed with High Blood Pressure (ages 18+)	33.4	27.4
Ever Diagnosed with Diabetes (ages 18+)	11.1	8.2

- 1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 03/2017.
- 2. California Department of Public Health, Center for Health Statistics, Office of Health Information and Research, Vital Records Business Intelligence System (VRBIS), 2016.
- 3. California Office of Statewide Health Planning & Development (OSHPD), Patient Discharge Data, 2016.
- 4. California Office of Statewide Health Planning & Development (OSHPD), Emergency Department Data, 2016.
- 5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2014-2016.
- † Source: U.S. Census Bureau; 2012-2016 American Community Survey 5-Year Estimates, Table B17024.

-Federal Poverty Level Thresholds for 2016 (\$12,228 for single person, \$24,339 for four-person-family [2 adults with 2 related children under 18 years]) per the U.S. Census Bureau, "Poverty Thresholds," accessed from <a href="https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html">https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html</a> on April 19, 2019.

<sup>\*</sup>Rates are per 100,000 population.

<sup>\*\*</sup> Indicates statistically unstable estimate.

<sup>~</sup>ADRD prevalence data reflects 2015 estimates.